

jule
BEAUTY & SPA





Welcome to Jule Beauty & Spa

We have a passion for Beauty & Wellbeing and would love to share this with you. We have dedicated ourselves to bring you the most advanced treatments and we pride ourselves on being able to offer you Specialist Therapists who are the most highly trained in the industry.

Allow us to offer you our personalised service and enjoy the benefits of superior brands and treatments in a sophisticated setting.

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Waxing & Threading

Eyebrow, Lip, Chin (Wax or Thread)	€13
Combo all 3	€32
Under Arm	€14
Half Leg	€24
Full Leg	€35
Standard Bikini	€22
Extended Bikini (Tight Triangle)	€25
Californian (Tight Triangle and Underneath)	€35
Brazilian (Landing Strip)	€45
Hollywood (All Gone)	€45



Brow Lounge

Brow trends are changing all the time, so whether your preference is for strong definition as with HD Brows or the new Korean Brows trend sweeping through Hollywood, we have Therapists who are specifically trained in Jule Academy to give you the look you desire.

Eyebrow Tidy (Wax or Thread)	€13
Eyebrow Tint	€14
Eyelash Tint	€16
Combo All Three	€38
SD Brows (7 Steps: Tint, design, wax, thread, tweeze, trim and fill in with subtle definition)	€40
HD Brows (7 steps: Tint, design, wax, thread, tweeze, trim and fill in with strong definition)	€40
Korean Brows (soft straight brows minimal arch)	€32



Embrowdery by Jule

Your desired look is difficult to achieve if your brows are naturally sparse and lack definition. Sometimes this happens as we grow older; sometimes it is simply in the genes.

Embrowdery™ is a method whereby fine strokes are penetrated into the skin for a hair-like finish. The appearance is completely natural and blends with or without hair along the brow bone. It lasts for up to two years and is the perfect hassle-free way to keep your brows manicured and shaped.

We offer this service via Specially Trained Therapists trained by **Elaine McParland** the creator of this treatment in Ireland.

Feather touch semi permanent lasting brows

1st Pass	€300
2nd pass	€120
3rd pass	€80
Embrowdery annual top up	€80

(24 hr Patch Test obligatory for Wax, Tint, HD, SD and Embrowdery)



Lash Boutique

Our semi permanent lashes are applied only by Specialist Lash Therapists trained in Jule Academy. Your lash extensions are tailor made to suit you and your lifestyle. You can choose from a natural look, whereby sparse lashes are given a much fuller look, or a glamorous wow-look for maximum impact. We only use Mink lashes; they are weightless, soft to the touch and completely comfortable to wear. Beware ...once tried you will be hooked!

Occasional Lashes (last 3-7 Days)	€30
Mink Classic Lashes Semi Permanent (1 single lash to 1 natural lash) (1 hour 15 mins for treatment)	€85
Mink Classic Lash refills (Up to 3 weeks, allow 60 mins for treatment)	€65
Mink 2D, 3D Lashes Semi Permanent (2-3 lashes to 1 natural lash) (1 hour 15 mins for treatment)	€95
Mink 2D, 3D refills (Up to 3 weeks, allow 60 mins for treatment)	€75
Mink 6D (Russian Volume) Semi Permanent (6 lashes to 1 natural lash, 1 hour 45 mins for treatment)	€135
Mink 6D (Russian Volume) refills (Up to 3 weeks) (1 hour 15 mins for treatment)	€100

Pedicure Lounge

File, cuticle push back and 1 week Vinylux Polish	€17
File, cuticle push back and 1 week French Vinylux Polish	€20
30 Minute Pedicure (soak, cuticles, file, buff & colour)	€35
Medispa Callus Peel Pedicure	€55
Shellac only	€35
Pedicure with Shellac	€55

Luxury Pedicures (1 hour)

Thai foot soak, exfoliation, sole & heel buff, hot towel compress, heated booties, massage, cuticles, Vinylux polish colour or French.

Honey & Almond Pedicure	€75
Coconut Milk Pedicure	€75
French Vanilla Pedicure	€75
Moroccan Argan Oil Pedicure	€75

Mum-to-Be Pedicure €75

Thai foot soak, exfoliation, sole & heel buff, hot towel compress, heated booties, cuticles, Vinylux polish colour or French. Includes refreshing mint soak to reduce swelling and gentle foot and leg massage to ease discomfort.

Nail Bar

Do you love your nails? For our polishes we only use Vinylux (up to 1 week) and Shellac (up to 3 weeks), in our experience these brands offer the best longevity and the best care for your nails.

Nails and Manicures

File, cuticle push back and 1 week Vinylux Polish (Colour)	€17
File, cuticle push back and 1 week Vinylux Polish (French)	€20
Jule Signature Protein Manicure (Colour or French)	€35
Shellac (Colour) (removal not included)	€30
Shellac (French) (removal not included)	€35
Shellac with manicure (Colour) (no charge for removal)	€50 €
Shellac with manicure (French) (no charge for removal)	€55
Shellac removal add on (with reapplication)	€5
Shellac removal with protein application	€15
Chrome Nails	€40
Gel/Acrylic Nails with tips	€65



Inch Loss

Weight control: 50% diet, 20% exercise and 30% motivation.

We can give you tried and tested nutritional programmes to help you with your battle to stay slim. More than that, our inch loss treatments will help motivate you by speeding up your inch loss journey.

All treatments are based on Lypolysis (the breakdown of fat cells), so results are permanent fat loss not fluid.

Minimi Wrap €110
(Drop a Dress Size)

Lipomassage €85
(Malahide only)

Bodysculpt €85
(Malahide only)



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MAKE-UP

Make-Up Studio & Tan

Have you a wedding or a special event to attend. Allow us to put the finishing touches to your new dress, new shoes and styled hair. Our in-house Make-Up artists specialise in giving you the look you want. Opt for full day or evening make-up, or if you prefer minimalist just go with eye make-up and lashes. Keep up with the latest trends and book in for a one on one make-up lesson...we can all benefit from a little expert advice every now and again.

Cleanse and Make-up	€40
Eye Make-up & Lashes	€30
Personal Make-up Lesson	€65

Tan

Bellamianta full body	€27
Bronze Leaf (shades 8-10-12) full body	€35
Bronze Leaf (shades 8-10-12) half body	€20

Male Grooming & Therapy

Male Waxing

Back & Shoulders €45

Chest Wax €35

Gents Pedicure €55

Swedish Back Massage €45

Swedish Full-Body Massage €80

Deep Tissue Back Massage €55

Prescriptive 1 hour Sports Massage €90

Laser Hair Removal

We have been treating clients successfully for 10yrs and can recommend Lynton Laser Hair Removal System for its safety, minimised discomfort and superior effectiveness. We are so convinced by the results that we have put the same system into all of our salons. For your safety Laser treatments are only carried out by experienced therapists who have been certified in the Jule Academy and receive regular refresher training.

Book in for a free consultation and never have to reach for the razor again.

We have an easy payment plan which means that paying for your Laser Hair Removal Treatment can be spread over a 3-month period.




Facials

Do you know how your skin reacts to stress, the elements, hormonal changes?

A facial helps clear pores; if something is wrong your therapist will tell you why; professional extractions are safe and won't distress the skin like pimple popping; at an instore beauty counter your skin is being assessed under fluorescent light... some things you just can't DIY!

Treat yourself and see the benefit.

Dermalogica

Express Dermalogica (30 mins) €50

Our thirty minute Dermalogica Facial is perfect when you are short on time or are looking for a little refresher.

Dermalogica Custom Facial (1 Hour) €80

This one hour customized facial includes double cleanse, extractions, exfoliation and a customized masque along with a luxurious facial massage. All this followed by a décolleté and shoulder massage for ultimate relaxation.

Image

Image Vitamin C Anti-Aging Facial (1 Hour) €85

This comprehensive treatment combines stable Tri Vitamin C blend with correcting hydroxy acids, plant derived stem cell technology and deeply hydrating ingredients to treat redness, inflammation, dry/dehydrated and photo ageing skin.

Facials

Yonka

Le Grande Classique (1 hour 15 mins) €99

This is one of the most elaborate, complete facials. It leaves you with cleansed, perfectly balanced skin and a radiant complexion. Customized and recommended for any age, it centres on Yon-Ka's exclusive deep cleansing regimen. In 5 successive steps carried out with the utmost care in the oxygenating atmosphere of the 5 Quintessence essential oils, the pure glow of the epidermis is revealed, one step at a time.

Yonka Hydralessence (1 hour 15 mins) €110

Is your skin becoming rough and dull or being marked by fine lines? This high-performance treatment will quickly help to restore its balance, suppleness, and softness. This facial includes the powerful softening action of seaweed and fruit extracts; 2 refreshing masks, one including a massage with a fine aromatic mist; plus the application of a soft gel peel with citrus extracts on the hands, to hydrate and exfoliate simultaneously.

Yonka Escale Beaute (30 mins) €55

The Escale Beaute facial was created as the ultimate mini treatment for those with busy schedules and beauty concerns. Whether you're dealing with clogged pores, dry patches or fine lines, your Yon-Ka aesthetician can address and treat your concerns in just half an hour.

Skin Clinic

At Jule we pride ourselves on stocking the very best skincare products and offering the most advanced skin care treatments for anti-ageing concerns, pigmentation, acne, rosacea, sun damage or eczema.

Our skin care specialists attend regular intensive training in the Jule Academy delivered by Epionce, Dermalogica & Image, ensuring that they always stay abreast of the latest technological innovations. Private consultations are free.

We specialise in **Medical Microdermabrasion**. This is suitable for all skin types and is a safe and effective way of exfoliating the skin without using any chemicals or lasers. The DermaGenesis® Medical Microdermabrasion uses a highly controlled flow of fine, medical grade crystals to remove the dead, outermost layer of skin. This procedure stimulates new collagen and elastin production whilst improving fine lines and texture.

Image Skin Peels, developed in the US by world renowned skin specialist Dr Marc Ronert, are particularly effective in treating ageing, sun-damaged and blemished skin with little or no down time.

IPL Rejuvenation produces impressive results in eliminating the ageing effects of sun damage as well as reducing facial redness by using pulses of visible white light to the face. It can be used to treat pigmentation, sun spots, broken veins, rosacea and skin elasticity.

Jule was one of the first skin clinics in Ireland to offer **Microneedling**. This is an advanced non aggressive aesthetic treatment which targets pore size, fine lines, sun damage and acne scarring whilst boosting collagen levels. It creates pathways permitting the introduction of serums and growth factors into the deeper levels of the skin. This stimulates the skin to regenerate and repair itself naturally, creating smoother, brighter, healthier, younger-looking skin. You can expect your skin to look plumper, healthier and brighter within a few days with visible signs of rejuvenation and repair in 2-6 weeks. For your ultimate safety we do not use roller microneedling products, we can therefore ensure consistency in needle depth penetration.

DermaGenesis® Medical Microdermabrasion	€99
Image/Epionce Peels	€99
IPL Treatment	€110
Genosys Microneedling Pen	€169
Dermafrac Microneedling with Growth Factor	€199
Dermafrac Microneedling Collagen Boost Facial with Collagen Infusion	€199

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Massage

Our Massage Therapists choose to specialise in this field and undergo a continuous programme of training to ensure they have the skill set to meet your needs. For more severe on-going aches and pains we recommend a Prescriptive Sports Massage treatment. This is a special form of deep tissue massage. It helps the body achieve optimal condition via the removal of underlying scar tissues and adhesions thereby promoting enhanced flexibility.

Swedish Back Massage (30 mins)	€45
Swedish Full Body Massage (1 hour)	€80
Deep Tissue Massage (1 hour)	€85
Prescriptive Sports Massage (1 hour)	€90
Traditional Full Body Hot Stone Massage (1 hour 30 mins)	€120
Aromatherapy Massage (1 hour)	€85
Reflexology (1 hour)	€99
Maternity Massage (30 mins)	€45
Maternity Massage (1 hour)	€80
Indian Head Massage (40 mins)	€55
Thai Foot Massage (30 mins)	€40
Ear Candling with Head & Face Massage (30 mins)	€55

Spa Packages

Treat yourself...you're worth it!

Lazy Daze

€89

Body Brushing, Chakra Foot Massage, Warm Coconut Oil Back of Body Massage and Scalp Massage.

Dermalogica Express Package

€99

Dermalogica Facial, Pressure Point Head Massage and Intense Foot Massage.

Jule Restore Ritual

€99

Coconut Foot Soak, Hot Towel Compress, Back Massage, Indian Head and Hand & Foot Massage.

Jule Relax and Renew

€119

Coconut Foot Soak, Dermalogica Facial, Back Massage, Indian Head and Hand & Foot Massage.

Jule Harmony Ritual

€119

Coconut Foot Soak, Hot Towel Compress, Hot Stone Back Massage, Indian Head and Hand & Foot Massage.

Jule Serenity Ritual €145

Coconut Foot Soak, Hot Towel Compress,
Hot Stone Full Body Massage, Indian
Head and Hand & Foot Massage.

Just For Him €145

Swedish Full Body Massage, Indian Head
and Dermalogica Facial.

Dermalogica Midi Package €160

Dermalogica Express Facial,
Swedish Full Body and Hand & Foot Massage.

Mum To Be €180

Dermalogica Facial, Maternity Massage
and Maternity Pedicure.

Jule Signature Ritual €199

Thai Foot Soak, Thai Foot Massage,
Yonka Luxury Facial, Hot Stone Full Body
and Indian Head Massage.

Jule Sapphire Package €225

Thai Foot Soak, Thai Foot Massage,
Yonka Luxury Facial, Hot Stone Full Body,
Indian Head Massage and Jule Signature Manicure.

Jule Diamond Package €225

Thai Foot Soak, Thai Foot Massage,
Yonka Luxury Facial, Hot Stone Full Body,
Indian Head Massage and Jule Signature Manicure
& Pedicure.

Opening Hours

Open seven days

We respectfully ask you to give 24 hrs notice for cancellations. Cancellations outside of this attract a 50% fee or 100% if cancelled with 2 hours or less notice.

Contact numbers

MALAHIDE

01 845 6204

SWORDS

01 895 6500

ASHBOURNE

01 835 6888

GRAND CANAL SQUARE

01 707 1788

(CLOSED SUNDAYS)

Treat someone you love with a Gift Voucher.

Vouchers can be purchased online
www.julebeauty.ie or
by calling our Swords Salon 01 8956500





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