

BOYNE VALLEY FLAVOURS GUIDE



WELCOME TO THE BOYNE VALLEY FLAVOURS GUIDE

Boyne Valley Flavours is a network of local food and drink producers, food experiences and food service providers from across Louth and Meath who are passionate about telling our local Food Provenance story. This new brochure provides you with information to help you plan your Gastronomic Adventure in the Boyne Valley, including details on our Food Experiences and our Award-Winning Boyne Valley Food Series.

Join us, to discover and immerse yourself in the traditions of the ancient Boyne Valley, in the heart of Ireland's Ancient East. We are known around the world for being home to iconic sites such as Newgrange and The Hill of Tara; but what you might not know is that we are also home to many passionate farmers, food and drink producers, chefs, eateries and accommodation providers whose passion is to bring the unique flavours of our landscape to your table.

Visit a leading food tourism destination, where you will discover so many delicious adventures waiting to be explored. While in the Boyne Valley why not visit one of our many Food Experiences from Distillery Tours, Bee-Keeping Nature Trails, Local Markets, Cookery Schools and so much more, there is something for everyone to enjoy! When planning your visit to the Boyne Valley make sure to check out our website for information on the many wonderful Restaurants, Cafés and Accommodation Providers in our region who are passionate about supporting and promoting our local producers.

For more information visit www.boynevalleyflavours.ie



2023 FOOD SERIES



The commencement of the Boyne Valley Food Series in 2013 signalled a new milestone in the delivery of culinary food experiences to locals and visitors alike. Our Award-Winning Food Series is a collaboration of local chefs, artisan producers and food enthusiasts who work together to create a calendar of unique once off producer-led events which celebrates our land, our heritage, our people and of course our produce!

Each year the Boyne Food Series brings the most exceptional choice of foodie experiences that will immerse you in the food & drinks culture of the Boyne Valley. From Farm Tours to Long Table Suppers, Culinary Cruises, Food Festivals, Distillery Tours, Farmer's Market and Apple Blossom Walks, our Food Series has it all and there is something for all the family to enjoy! The Samhain Festival is one of the penultimate events in the BVFS Calendar which takes place in November and is a Celebration of Irish Food & Culture.

The Boyne Valley region continues to be recognised as one of Ireland's leading food tourism destinations and as the birthplace of Ireland's Ancient East, and once the seat of the High Kings of Ireland, the Boyne Valley still brings royal food and drinks experiences fit for any King or Queen.

Scan the QR code below or go to our website www.boynevalleyflavours.ie to find out the details of upcoming Boyne Valley Food Series events.

You can also follow us on social media:

@boynevalleyflavours @boynevalleyflav



Our Boyne Valley Producers

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| 21 A Bit on the Side | 64 MacNamee's Tea |
| 22 Ariosa Coffee Roasters | 65 Martry Mill |
| 23 Bakealicious | 66 Meade Farm |
| 24 Ballymakenny Farm | 67 McCormack Family Farm |
| 25 Baska Bakery | 68 McEntee's Irish Tea |
| 26 Bee Natural | 69 Merci Beaucoup Cakes |
| 27 Bee Wise | 70 Newgrange Gold |
| 28 Beir Bua Bakes | 71 Nick's Fish |
| 29 Big Red Kitchen | 72 Oldcastle Honey |
| 30 Boann Distillery | 73 Oriel Sea Salt |
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| 32 Boyne Pastures | 75 Plenitude Fermented Foods |
| 33 Boyne Valley Cheese | 76 Rock Farm Slane |
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| 59 Killua Castle Foods | |
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| 61 Lannléire Honey | |
| 62 Lily's Tea | |
| 63 Listoke Distillery | |

Historical Landmarks

- | |
|-----------------------|
| A Trim Castle |
| B Hill of Tara |
| C Loughcrew Cairns |
| D Kells High Crosses |
| E Mellifont Abbey |
| F Monasterboice |
| G Brú na Boinne |
| H Battle of the Boyne |
| I St. Laurence's Gate |
| J King John's Castle |
| K Cúchulainn's Castle |
| L Roche Castle |
| M Slane Castle |

PLAN YOUR GASTRONOMIC ADVENTURE

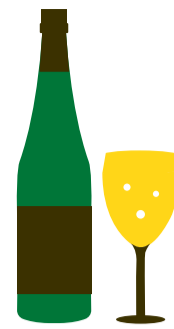
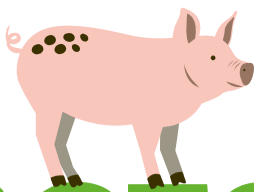
Discover all the wonderful Flavours of the Boyne Valley by using our beautiful map as a guide to help plan your visit.



Find itineraries, along with great places to eat and stay on our website www.boynevalleyflavours.ie

DUBLIN

FOOD EXPERIENCES



Discover the Flavours of the Boyne Valley through the many Food Experiences

ALRIGHT PUMPKIN

1

The Alright Pumpkin patch has been growing pumpkins since 2013. They started after they saw their first field of pumpkins, while working on farms as a harvester in America. They thought they looked so cool and colourful in the fields, and wanted to bring some of those bright colours back to Ireland. It also helped that the area they live in, Fordstown, Co. Meath, has very close ties to the origins of Halloween!

✉ alrightpumpkin@gmail.com 🌐 facebook.com/alrightpumpkin

Bee Wise Nature Trail

2

Bee Wise Garden Walk is a family owned 5-acre educational nature walk in the Boyne Valley, with particular emphasis on the honeybee. Learn about the flowers & plants that the bees work to produce their honey. Bee Wise is open all year round, with workshops, tours, seasonal events & open days available. Check website for details.

€ €6pp (under 3 free) / €30 family ⌚ Check website for details

✉ paddy@beewise.ie 🌐 beewise.ie

Carlingford Oyster Experience *Coming Soon*

3

The unique sweet taste and high meat content of the Carlingford Oyster is one of nature's real treasures, and we want to give you the opportunity to experience them. Keep an eye on their website & social media accounts for the announcement of their opening!

€ TBC ⌚ Check website for details

✉ info@carlingfordoystercompany.ie

🌐 carlingfordoystercompany.ie

Farmer's Market at Rock Farm Slane

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Slane Weekly Farmer's Market every Thursday at Rock Farm Slane. Boyne Valley producers, creators and business owners are there with an array of products. Enjoy lunch from one of the food stalls, before taking a walk on our working eco-farm.

€ Free Entry ⌚ 11am - 4pm

✉ info@rockfarmslane.ie 🌐 rockfarmslane.ie

Farm Tours Ireland

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Join Farm Tours Ireland and discover the best of farming and food production in the Boyne Valley. The region was home to Ireland's first farmers over 5000 years ago and continues to boast an abundance of farming excellence.

⌚ Group tours & private tours / One day or multi day tours

✉ hello@farmtoursireland.com 🌐 farmtoursireland.com

Hogan's Farm Shop & Café

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Hogan's Farm Shop & Café is located on Hogan's Farm in Cortown, Kells, Co. Meath. They produce a wide range of freshly prepared turkey products on site, along with a large selection of frozen foods & local artisan goods. Our Café offers homemade freshly prepared toasties, sambos, sweet treats, along with freshly brewed tea & coffee, in a relaxed atmosphere.

⌚ 9am - 5pm Wednesday to Friday & 10am - 4pm Saturday

🌐 hogansfarm.ie

Killua Castle Ground & Deer Park

7

A historic castle in the most romantic demesne in Ireland, with links to Sir Walter Raleigh and Lawrence of Arabia. Walk the grounds, which are open to the public every Saturday, and during the Summer months, the Killua food truck will be there from 11am to 3pm. Guided tours & lodgings also available, see website for more details.

€ Free (guided tours excluded) ⌚ 10am - 4pm Saturdays only

☎ 087 9436727 🌐 killuacastle.com

Listoke Distillery & Gin School

8

The first Gin School in Ireland, and a unique experience, where they both distil and teach how to make gin. Take a tour of the distillery, see the botanicals used in production and learn how to distil. Enjoy some local produce and take your own blend of Gin home.

€ €95 pp ⌚ 3 hours

✉ hello@listokedistillery.ie 🌐 listokedistillery.ie

Martry Mill – Working Water Mill Tour

9

Martry Mill is one of the few working watermills in Ireland, with the earliest records dating back to 1641. Meet the maker James who will guide you through; the milling process to make their stoneground wholemeal flour, the mill buildings, and its history.

€ Varies ⌚ Group tours (min 6 people) & open days: 1 - 2 hours

☎ 087 9436727 🌐 martrymill.ie

Organic Farm Tour at Rock Farm Slane

10

Rock Farm Slane, is an organic farm with glamping and self-catering houses, located on the Slane Castle estate. The guided farm tour offers a fascinating insight into the 90-acre organic farm, stretching for 1.5km along the banks of the River Boyne. Private tours and tastings are available.

€ Booking is essential

☎ (041) 9884861 🌐 rockfarmslane.ie

Sea Louth – Scenic Seafood Trail

11

Scenic seafood trail along Co Louth's 70km+ picturesque coastline. Your Sea Louth passport (download from our website or pick up at a local tourist office) will guide you to 14 scenic viewpoints along the trail and lists over 40 restaurants where you can enjoy the fresh local seafood along with information on the local seafood producers.

€ Free scenic drive (cost for food) ⌚ At your own leisure

✉ sealouth@louthcoco.ie 🌐 sealouth.ie

Shalvanstown Organic Farm

12

A traditional mixed farming operation with Beef Sheep and cereals. The farm is Biodynamic and using regenerative methods also. Guests visiting are given a tour of the farmland and learn about farming practices cropping and composting as well as Biodynamic methods and the special relationship with Waterford Distillery.

€ €25 pp (6 people min or €150 if fewer people) ⌚ 1-2 hours

✉ shalvanstown@gmail.com

🌐 shalvanstown-organic-farm.business.site

Sheridan's Cheesemongers Market & Coffee Shop

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Open 7 days a week, with Sheridans Farmer's Market every Sat. Their shop carries the very best farmhouse cheeses and artisan foods from Ireland and Europe. Sheridan's Café offers teas, coffees, light lunches, and baked goods daily. Visit them on your next day out in the beautiful Meath countryside.

⌚ Shop/Café 10am - 6pm (11am - 5pm on Sun) Market 10am - 2pm

✉ meathshop@sheridanscheesemongers.com

🌐 sheridanscheesemongers.com

Slane Castle

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Visit magnificent Slane Castle, on 1500 acres in the heart of the Boyne Valley, and iconic rock concert venue. Enjoy guided Castle tours, a walk in the grounds or on the concert-themed walking trail. Courtyard seating, Silver Fox food truck, Browne's Bar and Slane Whiskey Distillery. Check social media for opening hours and details.

✉ tours@slanecastle.ie 🌐 slanecastle.ie

Sonairte Visitor Eco Centre & Gardens

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An interactive visitor centre promoting ecological awareness and sustainable living. The name Sonairte is derived from a middle Irish word meaning 'positive strength'. Sonairte has been certified as an organic food producer with the Irish Organic Farmers and Growers Association since 1988 and subsequently by Irish Organic Trust and has been teaching organic horticulture and providing courses in various aspects of environmental education ever since. The seasonal produce harvested from the gardens is available in their Eco Shop and across the online platform - Open Food Network.

€ Open to the public ⌚ 10am - 5pm / Friday - Sunday

✉ hello@sonairte.ie 🌐 sonairte.ie

Swainstown Farm

16

Located in Kilmessan, Co Meath, Swainstown Farm is a working family farm producing chemical-free vegetables, lamb, pork, eggs and flowers. All their products along with other local produce are available from their farm shop 'The Piggery' every Saturday and Sunday.

€ Free entry ⌚ 11am - 5pm Saturday & Sunday

☎ 085 8386373 🌐 swainstownfarm.com

Tailtiu Café & Gardens at Teltown House

17

Enjoy some homemade treats, tasty teas, coffees, and hot chocolate, while walking around the pleasant surroundings of the old gardens, Fairy Trail, Queen Maeve's Road, and the medieval ruined church and burial ground.

€ Free entry ⌚ 11am - 5pm / Sundays & Bank Holidays

✉ teltownhouse1@gmail.com 🌐 @teltownhouse (instagram)

The Bunnery

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The Bunnery Cookery School, a Kells based Cookery School, which provides baking & cooking classes, both online and in person, for all ages. Now taking bookings for Summer Camps, suitable for primary school ages. Members club also available. Check website for all future classes.

€ From €30 pp ⌚ Check website for details

✉ thebunnery@hotmail.com 🌐 thebunneryonline.com

The Cottage Market, Drogheda

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Join The Cottage Market on the first Saturday of every month in their new location Scotch Hall Shopping Centre. They are delighted to host over 40 local Makers of homegrown, homemade, and handcrafted goods. There is something for all the family, that showcase local produce & products from the Boyne Valley.

€ Free ⌚ 11am - 4pm (first Saturday of the month)

🌐 facebook.com/thecottagemarketdrogheda.ie

Viking VR Experience at The Glyde Inn

20

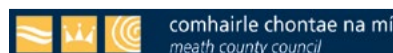
Anagassan was the capital of Ireland in Viking Times, and a new virtual reality experience at The Glyde Inn takes you back there through the eyes of 'Bjorn the Bear'. Afterwards, enjoy a seafood banquet featuring the very best seasonal local seafood, such as Anagassan razor clams, whole Clogherhead langoustines, Carlingford mussels, Carlingford oysters and much more washed down with a taster of our own 'Viking Beer' all while sitting on own specially commissioned Viking boat table.

€ €70pp (Minimum 6 people, Max 30) ⌚ 1.5 hours

🌐 theglydeinn.ie



An Roinn Talmhaíochta,
Bia agus Mara
Department of Agriculture,
Food and the Marine



For more information visit www.boynevalleyflavours.ie or visit the individual websites